**Reflecting on the Laudato Si´ Goals**

We invite you to create a brief document or video reflection explaining how your unique values and identity are connected to the Laudato Si' Goals and upload it to the Laudato Si' Action Platform.

You can use this template to create your reflection, or you can use your own format to carry out your reflection in the way that is most meaningful to you.

Please feel free to answer these questions to help you develop your reflection.

* Review the Laudato Si´ Goals [here](https://laudatosiactionplatform.org/laudato-si-goals/). Which of these goals speaks to you the most, and how have they inspired changes for you or your community?
* Enrich your understanding of how “[everything is connected](https://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.html#_ftn36).” How has the socio-ecological crisis affected your community?
* What is your mission and/or your values?
* How do your unique mission and/or values and identity connect with the Laudato Si’ Goals?
* Why do you feel called to join the Laudato Si´ Action Platform in your journey to integral ecology?
* Whether you have already been taking action on Laudato Si’ for some time or are just beginning your journey, what are your existing initiatives or the efforts you have already started? Use any online calculators that are helpful to you, or use the table below.

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|  | **Current Actions** | **What’s working well** | **Areas for Improvement** |
| Response to the Cry of the Earth | * Reducing wastes * Spreading awareness on the current issues of the environment on social media * Integrating environmental principles into our Science curriculum | * Waste segregation and Zero Waste Campaign in the workplace | * Explicitly reflect these efforts for our school community and elicit recommendations and initiatives to mobilize more people |
| Response to the Cry of the Poor | * Contributing to Church collections * Giving alms | * Regular contribution to the Church | * Find a way to empower them |
| Ecological Economics | * Proposed school projects for financial sustainability * Practicing economy in the use of resources like repairing/ upcycling instead of buying | * The school community provides support for the projects | * Develop ways to promote natural products and sustainable programs |
| Adoption of Sustainable Lifestyles | * Living simply * Patronizing local products, plants, animals, and businesses over imported items and introduced species | * Cultural heritage and natural ecosystems are preserved | * Promotion of local products, valuing of indigenous practices, consistently practicing the sustainable lifestyle |
| Ecological Education | * Integrating the environmental principles into the Science curricula * Preparing training materials for teachers * Completed the English course on Integral Ecology | * My current position allows me to implement action plans | * Try to help the school come up with the Laudato Si Action Platform Goals |
| Ecological Spirituality | * Enriching myself with the teachings and traditions of the Catholic Church | * Receiving the sacraments regularly keep me grounded on the values and morals of Christianity | * Disseminate information about the natural truths, theocentric view of the world, and ecological spirituality |
| Community Resilience and Empowerment | * Working with family members, and school community members in developing resilience and empowering them to do actions that save the environment | * Establishing good relationships with others makes it easier to connect and teach about community resilience and empowerment | * Find a way for the community members to get involved and own it |